

# Spiritual Response Therapy

Let's Clear and Reeducate the Soul!

**By Debora Ramos**

In this New Age era, we have a number of tools that help us stay in good health and balance our body and mind. Among these tools, there is a technique that is little known but which is wonderful because it allows us to correct aspects and even eliminate those things that adversely affects us in our lives. This technique is called Spiritual Response Therapy.

Spiritual Response Therapy ( also known as SRT) is a spiritual healing process by which a person certified as SRT Consultant connects with his/her High Self and the High Self of the client to make a past life research and remove discordant energies, negative programming of the subconscious mind and from the files of the client's soul. Then, the subconscious mind is reprogrammed with positive information. It can be applied to each of the different aspects the person's life and it gives the opportunity to the soul to change negative patterns may be blocking his/her health, relationships, prosperity, work or business.

During the whole process the client is conscious so he/she can listen and learn a lot about him/herself and many things that have happened in his/her life until the moment of the research.

These blocks exists from past lives because of several reasons, the most common is that when the soul decides to incarnate considers that in order to learn and raise the level of consciousness, it has to pass by difficulties and big challenges. Another reason that can be mentioned is when people have had religious past lives and the souls still keep religious vows such as poverty vow which can block their financial situation today. Thus, those challenges such as difficult or not relationships, bad economic situation or illness can be part of the programs that the soul decides to bring to this incarnation. If the SRT research reveals that the reason for those negative situations is based on soul's programs, the SRT Consultant can ask to High Self to remove those programs and replace them with positive information so the soul can have the opportunity to change its life and become free to learn, live and achieve spiritual growth from love and not from the pain.